



Therapy addressing the cause

Discover the revolutionary pathway to emotional health and well being



## Get in touch

Emotional Health & Well Being Licenced MEM Practitioner & Specialist Practitioner



juliegantlife.com



julieagant



Respond calmly, be effective in your life plus live from a freshly realised solid foundation

Imagine how different your life will be



# More information about Mace Energy Method



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If you are going through a difficult time or you realise you are stuck right now, maybe you have recurring issues that you need to resolve once and for all, know that you can turn to the Mace Energy Method.

You deserve to be happy, to discover your hidden potential and to be the real you.



## The Mace Energy Method

Unlike the conventional methods of therapy or counselling you know, the Mace Energy Method doesn't rely on you to disclose your personal life history. Instead, it only asks you a fundamental question to guide the session. It is a non-confrontational therapy and focuses on eliminating the cause of your past unchosen feelings, emotions, behaviours/habits and attitudes you have developed in response to the negative events in your life. By targeting the cause of these negativities the Mace Energy Method helps you effectively eliminate them leading you to be in charge of your life once again.

### TRAUMAS AND PHOBIAS

Some of you have been through disturbing or distressing experiences. Some have irrational aversions or fears of some things. This therapy allows you to eliminate your fears and distressing feelings rapidly.

## STRESS AND ANXIETIES (includes learning)

Some of you experience emotional or mental tension due to the demands of life. Some are just worries due to life's uncertainties. This method allows you to be in charge of your life and your decisions.

### **CONFLICT IN RELATIONSHIPS**

Some of you may have experienced feelings of loss and hurt through unresolved conflict in your relationships. This can assist you with any type of relationship issue, past or present, so you can once again create happy and healthy relationships.

### Therapeutic Attributes

Used by trained practitioners around the world, the Mace Energy Method is a collection of therapies called 'procedures' that are designed to assist eliminate the upsets that people experience in different aspects of their lives. Here are the features you need to know.

#### **CAUSE DISSOLUTION**

The MEM therapy session eliminates the cause of a clients upsets in minutes

#### LIMITED DISCLOSURE

The MEM therapy session starts with a guide statement instead of a case history

#### **CONSERVATIVE NARRATIVE**

The MEM therapy session is non-confrontational thus empowering clients

# RESULTS BASED FOLLOW UP

A MEM therapy follow up session depends on the resul

#### FLEXIBLE MEDIUM

The MEM therapy session can be facilitated online or face to face contact

#### **INFORMAL SETTING**

Be at your most comfortable place and most comfortable position

## Therapeutic Advantage

The MaceEnergy Method is a revolutionary type of therapy in a way that it requires a few precepts of the known conventional therapies. discover the benefits that people before you have come to appreciate following their MEM Therapy session.

MOVE ON FOR GOOD

addresses the cause old issues gone

YOU MAY NEVER LOOK BACK upsets diminished in a single session

#### A THERAPY FOR ALL

MEM Therapy is open to everyone who wants to change themselves REDISCOVER YOURSELF
You are empowered
plus a lot to look forward
to now

FIND PEACE WITHOUT STORYTELLING

You don't relive painful experiences

NEVER BE EMBARRASSED Your privacy is respected, you don't have to share your personal life

### Therapy Areas

The Mace Energy Method is a collection of procedures aimed at addressing upsets or issues in specific areas of life. It is usual that one type of procedure can address multiple well being components.

Well being changes you become aware of may be in your emotional, physical, social, spiritual, professional, financial, intellectual and domain.

Now imagine how different your life will be