



CHOP CHAT CHEW



FREE COOKING GROUPS

- **Bemboka** Hall from Monday 1 May, 10am to 1pm
- **Quaama** Hall from Tuesday 2 May, 11am to 2pm
- **Eden**, St George Uniting Church Hall, Friday 5 May, 11am to 2pm



Do you want to connect with others over a fun activity? During a five week period we'll meet to cook, share recipes, and enjoy delicious meals together. This is a great way to meet new people, share stories, try new recipes, and most of all, enjoy yourself.

Small groups, maximum of 8 people.

It's **FREE**, everything is provided, with two group leaders who are keen cooks, but more importantly, kind and supportive.

Call Christine Welsh on 0438 407 364, or email info@sapphirecommunity.org.au for more information and to book.



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